

# KIDS AND GAMBLING DON'T MIX



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Pulltabs and other lottery games  
are for 19+.

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## **ALLOWING KIDS TO PLAY LOTTERY GAMES IS ALLOWING THEM TO GAMBLE.**

Did you know that the earlier kids participate in gambling, the more at risk they are of developing a problem? Canadian researchers found that most problem gamblers began gambling as early as ten years old.

## **WHAT'S THE BIG DEAL?**

Kids are more likely to gamble than do drugs, smoke cigarettes or drink alcohol, yet they're nowhere near as educated on the risks associated with gambling.

## **WATCH FOR THE SIGNS.**

Parents and caregivers play an important role in limiting gambling opportunities and educating their kids about the risks. Learn to recognize the signs of problem gambling and how to talk to your kids about it.

Here are some common actions and behaviours associated with kids and gambling:

- Has friends who gamble regularly
- Is obsessed with the results of professional sports
- Often has dice, playing cards or lottery tickets
- Lies or is secretive about gambling activities
- Borrows or takes money from others to gamble
- Money or possessions go missing from the house

**Help is available. Problem Gambling Help Line 1-888-795-6111.**

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